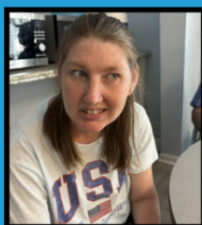


MEMBER OF THE MONTH



JULY Robert Lee is always willing to lend a helping hand to his peers and takes pride in making sure everyone's shoes are clean and looking their best. His thoughtful nature and attention to detail help create a positive and welcoming environment for those around him.



AUGUST Tiffany is always ready with a compliment & a helping hand. Her encouraging words, positive attitude, & genuine care for others brighten the day of everyone around her. Whether she's offering support, celebrating someone's accomplishments, or stepping in to help when needed, Tiffany consistently demonstrates kindness, compassion, and a commitment to lifting others up.

HAPPY BIRTHDAY

7/1: Courtney
 7/1: Lindsay
 7/26: Jessie
 7/30: Mike
 7/30: Stephen
 8/2: Trenton
 8/3: Eric
 8/6: Akida
 8/21: Nathan



CALENDAR



- 7/3: PEP Closed for Independence Day
- 7/6: Bookmobile @ 12:30 pm
- 7/8: Dance at Sequins Ballroom @ 1:00 pm
- 7/14: Margaritaville Line Dancers @ 12:30 pm
- 7/16: Christmas in July Craft Sale at May River Landing from 10:00 am - 12:00 pm; come support PEP and buy pottery!
- 7/20: Bookmobile @ 12:30 pm
- 8/18: Sun City Ukuleles @ 12:30 pm

CLOSURES

CLOSED

Reminder!

PEP will be **closed on Friday, July 3** in observation of Independence Day. Please mark your calendars.

GRANTS & GIFTS

PEP is **so grateful** to have the support of so many businesses and individuals in our community. We could not fulfill our mission without them. We have recently received contributions from the following communities and groups:

- **Long Cove Charitable Fund**
- **Breedlove Foundation**

LET'S GET ORGANIZED

If your member keeps extra clothes at PEP, please send in a bin or crate (approx. 12" x 12") to help us get organized. Please label it with your member's name.

Please write your member's name(s) on all jackets, hats, lunch boxes, etc. that are sent to PEP.

NAME :

PEP PANTRY & LUNCHTIME DONATIONS

Hi PEP Families,
We are once again asking for donations to help support our PEP Pantry and lunchtime needs for our Peppers. These items help us assist members who may forget their lunch and help support lunchtime overall.

Current PEP Pantry Needs:

- Ranch dressing (**PEP LOVES ranch!**)
- Bottled water
- Soups
- Paper towels
- Paper plates
- Small cups
- Granola bars
- Fruit cups
- Uncrustables
- Microwaveable mac & cheese cups
- Chicken salad packets
- Tuna salad packets

Any donation, big or small, is greatly appreciated and directly benefits our PEP members. Thank you for your continued support and generosity in helping ensure our Peppers have what they need each day.

Donations can be dropped off at PEP at your convenience. We are grateful for your support!

WELCOME TO PEP

PEP is pleased to welcome new instructors Rylie Houmard and Sarahy Mendez-Lopez, as well as driver, Sherese DeLoach.

Hello! My name is Sarahy and I'm very excited to be a new instructor at PEP. I will be instructing Spanish and Literacy to the members and I hope they love it as much as I do. Growing up, I had a close relationship with people with special needs through family members and classmates, as a young adult I realized teaching was the career path I wanted to choose and finding PEP has been the most wonderful experience! I'm born and raised in the Lowcountry and have also lived in Mexico while raising cattle with my parents. I'm a big animal lover and also practice a bunch of hobbies such as painting, crocheting, sewing and love collecting comic books. I hope to meet all the families and help our members with learning new things.



We are excited to welcome Sherese to the PEP Driving Team! Her enthusiasm, dedication, and willingness to serve make her a wonderful addition to the team. We look forward to the positive impact she will have & are grateful to have her join us as we continue supporting & serving our community together.



Hi, I'm Rylie! I'm originally from Colorado and recently moved to Port Royal with my husband. As a military spouse, I've enjoyed the opportunity to experience new places and meet new people. In my free time, I love spending time with family, playing with our dog, baking, shopping, and watching scary movies. I'm excited to be here and look forward to getting to know everyone!



VOLUNTEER SPOTLIGHT

JULY

Tom is an exceptional volunteer whose kindness and compassion shine through in every interaction. He genuinely cares about the well-being of everyone he crosses paths with and consistently goes above and beyond to make others feel valued, supported, and welcomed. His positive attitude, selfless spirit, and dedication to helping others leave a lasting impression and make a meaningful difference in the lives of those around him.

AUGUST

Mike is a great volunteer whose positive attitude and friendly personality make him a joy to be around. Members genuinely enjoy spending time with him because of his welcoming nature, sense of humor, and willingness to help wherever needed. He consistently creates meaningful connections with others and contributes to a warm, supportive environment that makes everyone feel valued and included.

PEP MEMBER EMPLOYEE SPOTLIGHT



JULY

Lori's hard work and dedication to her co-workers are truly heartwarming. She consistently goes above and beyond to support

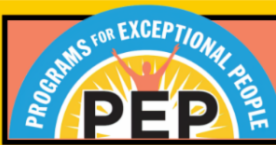
those around her, always willing to lend a helping hand and contribute wherever needed. Her positive attitude, strong work ethic, and genuine care for her team create an encouraging and uplifting environment that makes a lasting impact on everyone she works with.

AUGUST

Robert is a dedicated worker who consistently goes above and beyond to support the his co-workers. His strong work ethic &



willingness to help wherever needed make a real difference on the job. He is always ready to step in, contribute, and help ensure things run smoothly, creating a positive and supportive environment that his co-workers truly appreciate.



NANCY'S NOTE

A NOTE FROM THE EXECUTIVE DIRECTOR

Dear PEP Families,

Happy 250th Birthday to the USA! I hope each of you has a wonderful, safe, and relaxing Fourth of July with your family and friends over this long weekend! Here at PEP, we've been celebrating in our own special way. I've enjoyed hearing "America the Beautiful," "God Bless America," and "The Star-Spangled Banner" echo through our hallways as well as seeing our members create patriotic crafts and Americana keepsakes as they learn about the traditions that make this holiday so meaningful. Their excitement and pride have made us all feel extra festive!

It's hard to believe we're already in the heart (heat) of summer. Over the past month, our members have continued enjoying community outings (grocery shopping, community meet and eat, etc.), spending morning time in our beautiful garden, participating in music and new movement therapy activities, all while making memories with friends. These moments may seem simple, but they are often the ones that bring the biggest smiles.

As we look ahead, we're excited for everything still to come as we continue celebrating PEP throughout the year. Planning is well underway for our new fall fundraiser, Boots, Barbeque & Oysters on October 17, and we can't wait to share this fun new tradition with all of you.

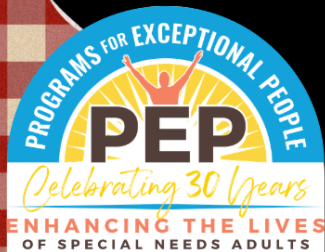
Thank you for your continued support, encouragement, and the many ways you help make PEP such a special place. Wishing you and your family a joyful remainder of the summer!

Warmly,
Nancy



Save the date for a fundraiser benefitting
Programs for Exceptional People

Boots, Barbecue, & Oysters



Saturday, October 17, 2026
Golf Club at Indigo Run
Hilton Head Island



CHRISTMAS IN JULY CRAFT FAIR

May River Landing.

Thursday, July 16 • 10:00 AM - 12:00 PM

★ Shop • Support • Celebrate ★

Local Special Needs Groups & Resident Handcrafts!

★ Refreshments & Tropical Fun! ★

Sip, Snack & Browse Unique Treasures!

★ Spread the Holiday Spirit! ★

Shop for a Cause & Share the Joy of July!

CELEBRATION

JOIN US FOR A ONE-
HOUR COMMUNITY
RECEPTION
HONORING THREE
OUTSTANDING
ATHLETES WHO
PROUDLY REPRESENTED
SOUTH CAROLINA AT
THE USA GAMES
EVERYONE IS WELCOME!

7/8/2026 | AT 5:00PM -6:00PM

LOCAL LIFE MAGAZINE

800 MAIN ST
HILTON HEAD ISLAND, SC
29926



**Special
Olympics**
South Carolina
AREA 8



KAYANNA
SIMMONS
TENNIS TEAM
USA GAMES
ATHLETE



JACOB AND
PAUL MURASKO
UNIFIED GOLF
TEAM
USA GAMES
ATHLETS



DISASTER PREPARATION WORKSHOP



*Prepare Today. Protect Tomorrow.
Strengthen Our Community.*



DATE
JULY 22, 2026



TIME
11:00 AM



LOCATION
Bluffton Branch Library |
Beaufort County Library
120 Palmetto Way
Bluffton, SC 29910

WHAT TO EXPECT



Learn **practical** disaster preparedness information and **resources**.



Explore **accessibility-focused** emergency planning.



Discover **community support** and **local resources**.



Registration
Suggested.



RSVP SUGGESTED
Scan the QR Code
to Register
Seating is Limited!



COMMITTED TO ACCESSIBILITY
Accommodations are available upon request. Participants who require accommodations that may involve advance coordination are encouraged to RSVP at least event (7) days prior to the event.



FOR RSVP ASSISTANCE:



803-279-9611



scadvocacy@
waltonoptions.org



PLAN AHEAD



STAY INFORMED



SUPPORT EACH OTHER



BUILD RESILIENT
COMMUNITIES



Buddy Walk is more than a walk – it's a day filled with connection, celebration, advocacy, and community as we come together to honor the amazing individuals with Down syndrome who inspire us every day.

Whether you're walking with a team, supporting someone you love, volunteering, or cheering along the route – YOU are part of what makes this day so special.



Become a
sponsor!



Register to
Walk!



Support a
Team!

The Down Syndrome Association of the Upstate (DSAUpstate) is a 501 (c)(3) organization, whose mission is to enrich the lives of people affected by Down Syndrome. We do this by providing support and education through the sharing of ideas and resources, and promoting awareness and community involvement.



www.dsaupstate.org
www.facebook.com/dsaofupstate
buddywalk@dsaupstate.org



Is your home in need of repairs?



CRITICAL REPAIR PROGRAM

If you own your home and are in need for minor, exterior repairs, our program might be the right fit for you!

Types of repairs we do:

Stairs

Ramps and railings, porch repairs

Wood Siding

Fascias

General exterior wood rot



Who can qualify?

To be eligible to apply, you must:

- Own and live in the home (no rentals)
- Show significant repair need
- Meet income guidelines
- Be willing to partner with Habitat (e.g., sweat equity)

How to apply:

Call Alicia at (843)681-5864 ext.2000 or email: alicia@lowcountryhabitat.org for an application.



WHO DO I CONTACT?

Need assistance? We've got you covered!

If you have any questions or concerns, give us a call at **(843) 681-8413** and ask for the appropriate admin. We're here to help and make sure you get the answers you need!

Administration Contact List

Name	Title	Email
Nancy Sulek	Executive Director	Nancy.Sulek@pephhi.org
Falisha Dublin	Program Director	Falisha.Dublin@pephhi.org
Carey Fortner	Administrative Assistant	Carey.Fortner@pephhi.org
Megan Drew	Compliance and Billing Specialist	Megan.Drew@pephhi.org
Ally Burnett	Program Administrator	Allison.Burnett@pephhi.org
Robert Mueller	Facilities and Transportation Manager	Robert.Mueller@pephhi.org
Akina Benton	Assistant Program Director	Akina.Benton@pephhi.org

Recurring reminders:

Medicaid

In order for PEP members to meet required hours for Medicaid billing, they must be at PEP between the hours of 9:30 am-2:30 pm. If you are able, please consider appointments and drop off/ pick-ups before or after these times.

Please label belongings sent to PEP

Please write your member's name(s) on all jackets, hats, lunch boxes, etc. that are sent to PEP.

Leave us a review!

We love being part of your journey and would be so grateful if you could take a moment to leave us a review on **Facebook** and/or **Google**! Your feedback helps teach about PEP and the community we've built together.

Please keep sick members at home.

This is a friendly reminder to emphasize the importance of keeping unwell members at home. With the prevalence of Covid, RSV, and the flu, it's crucial to be cautious. For our more vulnerable members, the recovery process may take longer if they fall ill. When in doubt, it's best to err on the side of caution and have your member stay home if they're coughing, sneezing and not feeling well.

Local Resources for PEP Parents

Click [here](#) for a list of local resources.

Programs for Exceptional People
39 Sheridan Park Circle Suite # 2
Bluffton, SC 29910

[\(843\) 681-8413](tel:(843)681-8413)

www.pephhi.org



PEP | 39 Sheridan Park Circle Suite 2 | Bluffton, SC 29910 US

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