

MEMBER OF THE MONTH



Amy is a kind and caring friend whose warm smile and joyful personality make everyone around her feel welcome and appreciated. She loves spending time with friends, visiting the Hilton Head Recreation Center, enjoying the outdoors, and making happy memories.

Amy also loves music and dancing! Her energy and fun-loving spirit shine when she hits the dance floor. With her caring heart, beautiful smile, and joyful personality, Amy has a special way of bringing happiness to those around her and making every moment a little brighter.

HAPPY BIRTHDAY

10/06: Ian
 10/11: Steve H.
 10/15: Donnie
 10/22: Beth
 10/22: Derek
 10/26: Deonte
 10/31: Nick J.



CALENDAR



- 10/14: Tennis Lessons
- 10/16: Bowling at Station 300
- 10/17: Boots, BBQ, & Oysters benefiting PEP
****PEP MEMBERS NEEDED FOR LINEDANCING****
- 10/17: Italian Heritage Festival ****VOLUNTEERS NEEDED****
- 10/20: Sun City Ukuleles perform at 12:30
- 10/21: Tennis Lessons
- 10/28: Tennis Lessons
- 10/26-10/30: 5 days of Boo! Halloween Dress-Up Days
- 10/30: PEP Halloween Party
- 11/19: PEP Thanksgiving luncheon

5 DAYS OF BOO! HALLOWEEN DRESS-UP DAYS

Show off your Halloween spirit and come dressed according to the theme of the day!

Monday, October 26 | Spooky Pajama Day

Wear Halloween-themed or orange and black sleepwear.
Keep cozy in festive flannels or ghost-print pajama pants.



Tuesday, October 27 | Neon / Glow-in-the-Dark Day

Wear bright neon shirts or accessories that pop under lights.
Add glow sticks or reflective tape for extra fun.



Wednesday, October 28 | Character / Storybook Day

Dress up as a favorite book, TV, or movie character.
Use simple pieces like a striped shirt for Waldo or a robe for Harry Potter.



Thursday, October 29 | Crazy Hair & Mismatched Day

Style hair with wild colors, spikes, or spooky hair clips.
Wear mismatched socks, shoes, or backward clothes.



Friday, October 30 | Full Costume / Halloween Spirit Day

Wear a PEP-appropriate costume. Happy Halloween!



HAPPY HALLOWEEN, PEPPERS!



ILLNESSES

This is a friendly reminder to emphasize the importance of keeping unwell members at home...

With the prevalence of Covid, RSV, and the flu, it's crucial to be cautious. For our more vulnerable members, the recovery process may take longer if they fall ill.

When in doubt, it's best to err on the side of caution and have your member stay home if they're coughing, sneezing and not feeling well.



WHAT'S GROWING ON?

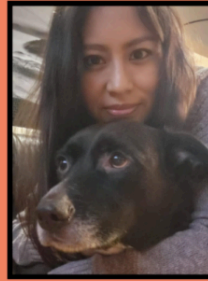
The change of the season brings changes to the PEP garden!

Members planted fall flowers and peas and are looking forward to planting broccoli, lettuce, onion, cauliflower, and strawberry crowns in mid-October.



WELCOME

Please join us in welcoming Gloria and Krystle to the PEP family!



Gloria



Krystle

Gloria brings a calm, joyful, and caring spirit to PEP, along with a special appreciation for the everyday accomplishments that can sometimes go unnoticed. As the mother of a child with special needs, she is excited to bring her perspective and passion to PEP while continuing to learn and grow alongside our members.

Krystle recently moved to South Carolina from Maryland and brings nearly 19 years of experience as a DSP — a career she truly considers her passion! A mom of two boys, Krystle also enjoys reading, swimming, and going to the movies.

We're so excited to have Gloria and Krystle on our team and look forward to all they will bring to our PEP members!

RALLY THE TROOPS... WE NEED ALL MEMBERS ON DECK!

PEP FAMILIES... WE HOPE YOU'LL JOIN US!

Boots, BBQ & Oysters October 17 at Indigo Run

We know how busy life gets and how quickly calendars fill up, but we're asking our PEP families to make room for this special event. Boots, BBQ & Oysters is a **BIG** night for PEP.

This event has replaced our Annual PEP Gala as our major fundraising event of the year, but it has a completely different feel. It's casual, fun, and all about bringing people together for great food, entertainment, and, most importantly, supporting PEP.

We especially hope to see our PEP members there! Our members will be joining in a special line dancing feature during the evening, and we need plenty of Peppers on the dance floor to help make it memorable.

The money raised that night directly supports the programs, activities, and opportunities our members enjoy throughout the year. Showing up is one of the biggest ways our families can help make this event a success.

Member tickets are discounted, so please consider joining us, bringing friends, and helping us make this important night for PEP one to remember.

Can't attend? You can still help by contributing an item, experience, gift certificate, or service to our silent or live auction.

We hope we can count on our PEP family to show up for PEP!

SEE YOU ON OCTOBER 17!



THANKSGIVING LUNCHEON

Save the Date for our
6th Annual PEP Thanksgiving Luncheon

It's almost time for one of our favorite PEP traditions! Our 6th Annual PEP Thanksgiving Luncheon will be held on

Thursday, November 19 at 11:30 AM

We look forward to gathering around the table with our PEP family for good food, great company, and plenty to be thankful for!

Please sign up to bring a dish by clicking the red button below.

SIGN UP

**PLEASE SIGN
UP TO BRING
A DISH**



PEP MEMBER EMPLOYEE SPOTLIGHT



Devin is a hardworking and dependable member of the Goodwill work team.

Since starting at Goodwill, he has learned new skills, connected with others, and made a positive difference through his work. His dedication, kindness, and determination make him a valued part of his community.

Congratulations, Devin, on being named Employee of the Month! Your hard work and dedication are worth celebrating!

VOLUNTEER SPOTLIGHT

Sue is an amazing volunteer who cares deeply for every member she meets. Whether she is exercising alongside others or sharing her creativity through art, Sue brings enthusiasm, kindness, and heart to everything she does.

She has a wonderful way of making people feel welcomed, supported, and valued. Sue gives her time so generously and always puts her whole heart into helping others. Her caring spirit and positive energy make a beautiful difference in the lives of those around her.

Thank you, Sue, for all that you do. Your kindness, dedication, and generous heart are truly appreciated!



VOLUNTEERS NEEDED

WE NEED YOUR HELP!

Italian Heritage Festival @ Honey Horn

Saturday, October 17

10:00 a.m. – 12:00 p.m.

12:00 p.m. – 2:00 p.m.

2:00 p.m. – 4:00 p.m.



We need volunteers to sell pottery at the Italian Heritage Festival! What a great opportunity to spend a Saturday with your PEP loved one. We have three shifts available: 10:00 a.m.–12:00 p.m. and 12:00–2:00 p.m. and 2:00 – 4:00 p.m. Please consider signing up for a shift and representing PEP in our community.

Since the Boots, BBQ, & Oysters event falls on the same day, volunteers have a fantastic opportunity to dedicate the whole day to PEP!

Please email Falisha to sign up for a shift.

[Click here to purchase tickets to Boots, Barbecue, & Oysters](#)

[Click here to email Nancy for tickets to the Italian Heritage Festival](#)



NANCY'S NOTE

A NOTE FROM THE EXECUTIVE DIRECTOR

Dear PEP Families,

Before sharing this month's updates, I want to take a moment to remember our PEP member, Courtney K., who passed away last month. Courtney was a special part of our PEP family and will be deeply missed. Our thoughts are with her family and all who loved her.

As we move into a new season, there is so much happening at PEP. Fall is here, and our PEP members have been busy! We're enjoying our tennis lessons with Public Tennis, Inc., another wonderful local nonprofit, thanks to generous funding from the Long Cove Charitable Fund. Their support also makes our monthly bowling trips possible which is always a member favorite, along with Adaptive Exercise at the Island Rec Center. We are so grateful for community partners who help keep our members active, engaged, and trying new things!

A huge thank you also goes to Tidal Wave Auto Spa and everyone in the Hilton Head and Bluffton communities who supported PEP during Charity Day. This event continues to be such a success for us each year, and we are always touched by the generosity of our neighbors and the PEP families who come out to support this fundraiser. I also want to thank our PEP families for recognizing and celebrating our incredible staff during Direct Support Professional Recognition Week. The work they do each day requires patience, compassion, creativity, and a genuine love for our members. The recognition is so very well deserved!

And now, our biggest event of the year is almost here! I hope to see many of you at Boots, BBQ & Oysters on October 17 at the Indigo Run Clubhouse. This fundraiser is incredibly important to PEP, but it is also a night that so many of our members look forward to! If you haven't purchased your tickets yet, please purchase them **HERE**.

That same day, PEP will also be selling our members' beautiful pottery at the Italian Heritage Festival in Honey Horn. If you would like tickets to the festival, please contact me. They are \$8 per person, and PEP members attend free! We could also use some extra helping hands that day, so please reach out if you're available to volunteer. It's going to be a busy, but very fun, day for PEP!

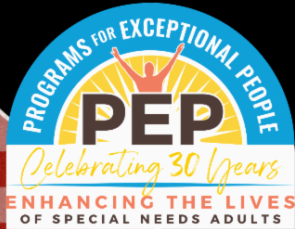
Finally, if you haven't already heard the exciting news, celebrate with us as we share that PEP was named the 2026 Gold Best Nonprofit Organization by the Island Packet BEST of the Lowcountry awards! This recognition is HUGE as PEP won first place out of hundreds of nonprofits. This honor truly belongs to our entire PEP family. Our staff, administrators, Board members, volunteers, families, donors, and supporters put so much time, heart, and hard work into making PEP the special place it is. Thank you for believing in our mission, supporting our members, and helping PEP continue to grow and thrive.

Warmly,
Nancy



You're invited to an event benefiting Programs for Exceptional People

Boots, Barbecue, & Oysters



Saturday, October 17, 2026

4:00 PM - 8:00 PM

Golf Club at Indigo Run

101 Berwick Dr., Hilton Head Island

*Scoot your boots to live music by The Hardee Station Band,
savor delicious barbecue or fresh oysters, and enjoy a special
line dancing performance by PEP members*

Attire: Country Meets Coastal



Scan for tickets

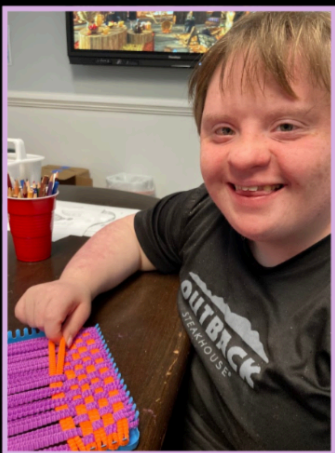


Remembering our friend,



Courtney K.





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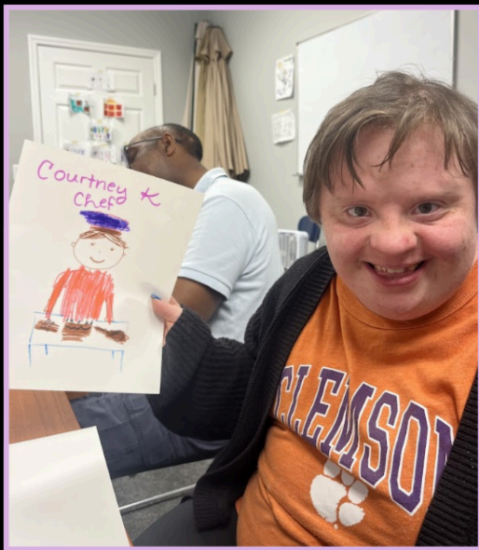
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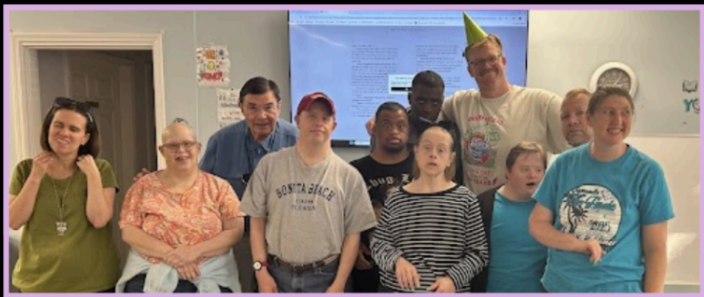












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All-Abilities **CAMP**

Serving the Special Needs Community



October 17, 2026



Ages 5-35



9:30 - 1:30



\$20



HHCA - Bluffton, SC

**REGISTER AT
SOUTHCOASTALFCA.ORG
OR SCAN THE QR CODE**





Buddy Walk is more than a walk – it's a day filled with connection, celebration, advocacy, and community as we come together to honor the amazing individuals with Down syndrome who inspire us every day.

Whether you're walking with a team, supporting someone you love, volunteering, or cheering along the route – YOU are part of what makes this day so special.



Become a
sponsor!



Register to
Walk!



Support a
Team!

The Down Syndrome Association of the Upstate (DSAUpstate) is a 501 (c)(3) organization, whose mission is to enrich the lives of people affected by Down Syndrome. We do this by providing support and education through the sharing of ideas and resources, and promoting awareness and community involvement.



www.dsaupstate.org
www.facebook.com/dsaofupstate
buddywalk@dsaupstate.org



(Keep this page)

FISH WITH FRIENDS

Saturday, November 7, 2026

MUST SIGN UP BY THURSDAY, OCTOBER 29TH
BOAT SPACE IS LIMITED!

****IF YOU ARE NOT ABLE TO GO TO THE EVENT
AFTER YOU HAVE REGISTERED, YOU MUST
CALL FUZZY AT 912-547-1464 (EVEN IF IT IS
THE MORNING OF THE EVENT)*******

WHAT: Fishing event for Hilton Head/Bluffton area **Special Needs** children and adults. (Children must be at least 5 years of age)

WHERE: Hilton Head Boathouse Marina, Saturday November 7, 2026

TIME: 8:45-9:30 Registration, 10-12 Fishing, 12 noon - 1:30 Picnic lunch

PARKING: In the parking lot just before the Boathouse marina behind the Dockside Restaurant and Hudson's Restaurant. Shuttle available.

HOW: Every angler needs one parent/guardian to sign and turn in the registration form **BY OCTOBER 29TH** and a designated adult volunteer to accompany them on the boat. **Siblings are not able to go on the boat but the entire family is welcome to attend the cookout.**

*******COVID/FLU PROTOCOL:**

Our goal is to ensure the health and safety of our participants, staff, and volunteers.

A child/parent/guardian should not participate in Fish With Friends if you have recently been diagnosed with Covid or have had a fever within the last 72 hours. Thank you for helping keep our community safe!

For more info: Fuzzy Davis 912-547-1464 Jan Feiner 843-683-2086

fuzzydavis@gmail.com or Jfeiner@lowcountrytherapy.org

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**FISH WITH FRIENDS
REGISTRATION FORM**

MUST SIGN UP BY OCTOBER 29th - BOAT SPACE IS LIMITED!!

WHAT: Fishing event for Hilton Head/Bluffton area **Special Needs** children 5 and up & adults

WHERE: Hilton Head Boathouse Marina, Saturday, November 7, 2026 at 9:00 am

*******IF YOU ARE NOT ABLE TO GO TO THE EVENT AFTER YOU HAVE
REGISTERED, YOU MUST CALL FUZZY AT 912-547-1464 (EVEN IF IT IS THE
MORNING OF THE EVENT) BOAT SPACE IS LIMITED**

Name of Angler: _____ Age _____

**LIST ANYTHING WE SHOULD KNOW ABOUT SUCH AS PARTICIPANT IS IN A
WHEELCHAIR, OR ANY OTHER SPECIAL NEEDS TO HELP US WITH SELECTING A BOAT:**

Parent/Guardian only to sign the disclaimer at the "X" below:

I understand that my child or participant above is voluntarily participating in Fish With Friends and will not hold anyone associated with the event or Hilton Head Boathouse Marina or Skull Creek Restaurant, nor either of its employees, nor the organizers or volunteers of the event responsible for any accident or mishap associated with said event. I also give permission for images taken by camera or video to be published in media or brochures.

Covid/Flu Disclaimer: Our goal is to ensure the health and safety of our participants, staff, and volunteers. Thank you for helping keep our community safe!

A child/parent/guardian should not participate in Fish With Friends if you have recently been diagnosed with Covid or have had a fever with last 72 hours

Parent/Guardian Signature: X _____ Date: _____

Print name below:

_____ Cell phone # _____

Email address: _____

_____ Total number of people in family attending cookout (including angler)

For more info: Fuzzy Davis 912-547-1464 Jan Feiner 843-683-2086
Fuzzy's email: fuzzydavis@gmail.com Jan's: jfeiner@lowcountrytherapy.org

WHO DO I CONTACT?

Need assistance? We've got you covered!

If you have any questions or concerns, give us a call at **(843) 681-8413** and ask for the appropriate admin. We're here to help and make sure you get the answers you need!

Administration Contact List

Name	Title	Email
Nancy Sulek	Executive Director	Nancy.Sulek@pephhi.org
Falisha Dublin	Program Director	Falisha.Dublin@pephhi.org
Carey Fortner	Administrative Assistant	Carey.Fortner@pephhi.org
Megan Drew	Compliance and Billing Specialist	Megan.Drew@pephhi.org
Ally Burnett	Program Administrator	Allison.Burnett@pephhi.org
Robert Mueller	Facilities and Transportation Manager	Robert.Mueller@pephhi.org
Akina Benton	Assistant Program Director	Akina.Benton@pephhi.org

Recurring reminders:

Medicaid

In order for PEP members to meet required hours for Medicaid billing, they **must** be at PEP between 9:30 am - 2:30 pm. If you are able, please consider appointments and drop off/pick-ups before or after these times.

Please label belongings sent to PEP

Please write your member's name(s) on all jackets, hats, lunch boxes, etc. that are sent to PEP.

Leave us a review!

We love being part of your journey and would be so grateful if you could take a moment to leave us a review on [Facebook](#) and/or [Google](#)! Your feedback helps teach about PEP and the community we've built together.

Please keep sick members at home.

This is a friendly reminder to emphasize the importance of keeping unwell members at home. With the prevalence of Covid, RSV, and the flu, it's crucial to be cautious. For our more vulnerable members, the recovery process may take longer if they fall ill. When in doubt, it's best to err on the side of caution and have your member stay home if they're coughing, sneezing and not feeling well.

Local Resources for PEP Parents

Click [here](#) for a list of local resources.

Programs for Exceptional People
39 Sheridan Park Circle Suite # 2
Bluffton, SC 29910

[\(843\) 681-8413](tel:(843)681-8413)

www.pephhi.org



PEP | 39 Sheridan Park Circle Suite 2 | Bluffton, SC 29910 US

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